

ROLE DESCRIPTION

JOB TITLE	Wellbeing Group Volunteer
REPORTS TO	Centre Development Manager
LOCATION	The Acorn Centre, Harrogate
WORKING HOURS	2 hours per week (flexible)
ABOUT US	
Mind in Harrogate District is an independent local charity founded in 1973, affiliated with National Mind and the Mind Federation. We exist to provide a quality community-based service accessible to those who need support with their mental health and wellbeing.	
ROLE PURPOSE	
Mind in Harrogate District offer a range of mental health support for adults with mental health issues. The purpose of this role is to work alongside staff to provide a programme of activities and mental health support at The Acorn Centre, Harrogate.	
MAIN RESPONSIBILITIES	
<ol style="list-style-type: none"> 1. To meet the social needs of service users by engaging with them in The Acorn Centre. 2. To support Mind in Harrogate District facilitators to effectively run group sessions with e.g. walking group, music group, arts and craft group, Friday Feast within a programme of activity. 3. To comply with Mind in Harrogate District's Health and Safety Policy, Data Protection Policy and to protect your own and others' health, safety and welfare. 4. To ensure you have an understanding of and comply with Mind in Harrogate District's procedures for promoting and safeguarding the welfare of vulnerable adults and children. 5. To report all concerns and incidents to the Head of Services. 6. To adhere to confidentiality at all times - if a service user confides in you, tell them that you will be sharing information with the Head of Services. 7. To comply with Mind in Harrogate District's Equality and Inclusion Policy in every aspect of your work and positively promote the principles of these policies amongst staff, service users, volunteer colleagues and other members of the community. 8. To uphold the values of the organisation and work as an effective part of the Mind in Harrogate District team. 	

9. To attend Mental Health Awareness training and other relevant Volunteer Training.
10. To attend the quarterly Volunteer Forum.
11. Attend regular Volunteer Supervision sessions as agreed with the Head of Services or Wellbeing Groups Coordinator.
12. To report any sickness or holiday or other absences to the Head of Services as soon as possible.
13. To represent Mind in Harrogate District in a professional manner.

KNOWLEDGE, SKILLS AND EXPERIENCE

1.	Empathy with or experience of people living with mental health issues (through professional, family/friends or lived experience)	Application form/ Interview
2.	Be friendly and engaging	Interview
3.	Be punctual, organised and reliable	Interview
4.	Ability to work as part of, and contribute to, the success of a small team	Interview
5.	Have a compassionate and understanding manner	Interview
6.	A DBS Check is required for this role	

WHAT WE OFFER

- A chance to make a real difference in your local community.
- The opportunity to gain hands-on experience with a well-known brand.
- Flexible hours.
- A professional reference upon successful completion of the volunteering period.
- Travel expenses will be reimbursed.
- Mental Health Awareness training; and other relevant training to provide a befriending service.
- Access to the Mind in Harrogate District staff and volunteer 24/7 confidential telephone counselling support.

FIND OUT MORE

If you would like to have a conversation about the volunteer position, please contact us at Mind in Harrogate District on office@mindinharrogate.org.uk or 01423 503335.