

Mind in Harrogate District

Outreach Sessions

Monthly Mental Health Support and Signposting in your area

May 2019

Wednesday 8th	Masham Methodist Church	12.30pm-2.30pm
Friday 10th	Ripon Library	10am-1pm
Tuesday 14th	Bean Emporium, Church Lane, Boroughbridge	11am-1pm
Friday 17th	Ripon Library	10am-1pm
Tuesday 21st	Nidderdale Plus/Library at Pateley Bridge	11am-1pm
Friday 24th	Ripon Library	10am-1pm
Tuesday 28th	Knaresborough Library	11am-1pm
Friday 31st	Ripon Library	10am-1pm

June 2019

Wednesday 4th	Masham Methodist Church	12.30pm-2.30pm
Friday 7th	Ripon Library	10am-1pm
Tuesday 11th	Bean Emporium, Church Lane, Boroughbridge	11am-1pm
Friday 14th	Ripon Library	10am-1pm
Tuesday 18th	Nidderdale Plus/Library at Pateley Bridge	11am-1pm
Friday 21st	Ripon Library	10am-1pm
Tuesday 25th	Knaresborough Library	11am-1pm
Friday 28th	Ripon Library	10am -1pm

July 2019

Wednesday 2nd	Masham Methodist Church	12.30pm-2.30pm
Friday 5th	Ripon Library	10am-1pm
Tuesday 9th	Bean Emporium, Church Lane, Boroughbridge	11am-1pm
Friday 11th	Ripon Library	10am-1pm
Tuesday 16th	Nidderdale Plus/Library at Pateley Bridge	11am-1pm
Friday 18th	Ripon Library	10am-1pm
Tuesday 23rd	Knaresborough Library	11am-1pm
Friday 26th	Ripon Library	10am-1pm

If you require any further information please contact us on **01423 503335**

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